

Gi Specialists of Clarksville, PC
Anil Patel, MD PC
931-551-9605 www.gipatel.com

GENERAL INSTRUCTIONS FOR COLONOSCOPY PREP

 Screening **Diagnostic** Monday Tuesday Wednesday Thursday Friday _____ at _____

IMPORTANT INFORMATION Before you come to the endoscopy center:

- Brush your teeth in the morning. No gum or candy, tobacco or dip. No lotion.
- Do not wear jewelry, including piercings.
- Do not bring children to the endoscopy center in consideration to the other patients. They will be asked to wait outside or leave.
- Bring an adult to sit with you after the procedure and to drive you home. A sedative is usually given and driving is not permitted for up to twelve hours after the procedure. If you do not have a ride home, Dr. Patel will NOT sedate you for the procedure. Your driver cannot leave the center.
- Take your medication on the morning of your procedure with a small sip of water before 6:00 am.
- If you have asthma you may use your inhaler the morning of the procedure, if needed.
- If you are taking insulin, you make take your evening dose but not the morning dose.
- If you are taking heart medication, ask your doctor about when to take these drugs in relation to the test.
- If you have an artificial heart valve, please remind your doctor.

What is a colonoscopy?

A colonoscopy is a procedure where the colon is examined with a lighted flexible instrument. Polyps (precancerous growths) can be removed and small samples (biopsies) of other abnormalities can be obtained for microscopic examination. A screening colonoscopy is done when you are 50+ and have no symptoms.

What are the risks?

The risks of the procedure are minimal and could include bleeding, over-sedation, and perforation. Perforation of the colon could require surgery to repair. All of these complications are uncommon, but you should be aware of them.

What if I want to cancel the procedure?

If there are problems keeping your appointment, you should call our office three days before to cancel. You will be charged a \$150 NO SHOW FEE if you miss your procedure and do not cancel your colonoscopy

Office Policy Regarding Insurance

Will my insurance pay for either a screening colonoscopy or a diagnostic colonoscopy?

Please be aware that screening office visits and screening procedures may not be covered by your insurance plan if you do not have a "wellness rider or wellness benefits".

It is your responsibility to call your insurance company to verify your benefits.

The CPT code for a diagnostic colonoscopy is 45378. The CPT code for a screening colonoscopy is G0121.

What will my insurance be billed for?

There will be 4 charges for the procedure.

1. Charge for the doctor, Dr. Anil Patel. This is for the doctor doing the procedure.
2. Charge for the endoscopy center, Gi Specialists of Clarksville. This bill is for the use of recovery room, procedure room, sedation, discharge etc.
3. Charge for the anesthesia sedation by CRNA. We will not do procedure without sedation.
4. Charge for the biopsy(s), if one is taken.

Office Policy Regarding Payment

- The insurance co-pay, as indicated on your insurance card, is to be paid prior to the outpatient surgery.
- If your deductible has not been met, then we will collect up to \$2000 prior to the procedure or your copay.
- We will bill only the insurance companies for which proof of coverage has been provided.
- The account balance will be due within 90 days of the service and treatment date.
- You, the patient, are responsible for contacting your insurance provider about non-payment, delays in payment and reduced payment.

FOLLOW OUR INSTRUCTIONS. DO NOT FOLLOW INSTRUCTIONS ON BOX OR BOTTLE

Magnesium Citrate Take two days before starting the prep on Mon Tues Wed Thurs Fri Sun _____
The prep and mag citrate will induce diarrhea which will rapidly cleanse the bowel. Be close to the toilet.

SuPrep & Clenpiq Begin a clear liquid diet starting on the morning of Mon Tues Wed Thurs Fri Sun _____
You CANNOT eat anything solid all prepday, only drink clear liquids.

At 6:00 pm drink first dose. Pour one 6 oz. bottle of Suprep liquid into plastic container provided.

Fill container with cold water up to 16 oz line. Drink prep.

Over the next hour, drink 16 more ounces of water. (Fill up container again.)

BEFORE 6:00 am, the morning of the procedure, repeat with second bottle of Suprep. No liquids after 6:00 am.

Colyte & TriLyte Begin a clear liquid diet starting on the morning of Mon Tues Wed Thurs Fri Sun _____
You CANNOT eat anything solid all prepday, only drink clear liquids.

At 6:00 pm drink half the prep.

You may resume the clear liquids until midnight.

Drink remaining prep BEFORE 6:00 am in the morning. No liquids after 6:00 am.

MoviPrep Begin a clear liquid diet starting on the morning of Mon Tues Wed Thurs Fri Sun _____
You CANNOT eat anything solid all prepday, only drink clear liquids.

At 6:00 pm drink first dose = Packet 1A+1B into the liter bottle provided (fill with water to line)

Drink one glass every 15 minutes until bottle is empty.

Any time BEFORE 6:00 am in the morning drink the second dose = Packet 2A + 2B + water = filled liter bottle.

Drink one glass every 15 minute until bottle is empty. No liquids after 6:00 am.

OsmoPrep Begin a clear liquid diet starting on the morning of Mon Tues Wed Thurs Fri Sun _____
You CANNOT eat anything solid all prepday, only drink clear liquids.

The night before procedure:

At 6:00 pm take 4 pills and 1 glass clear liquid.

At 6:15 pm take 4 pills and 1 glass clear liquid.

At 6:30 pm take 4 pills and 1 glass clear liquid.

At 6:45 pm take 4 pills and 1 glass clear liquid.

At 7:00 pm take 4 pills and 1 glass clear liquid.

The morning of the procedure:

At 5:00 am take 4 pills with a SIP of water.

At 5:15 am take 4 pills with a SIP of water.

At 5:30 am take 4 pills with a SIP of water.

Drink only a sip of water to swallow pills.

What medications do I need to stop?

STOP ON _____

- Coumadin or Proxaxa
- any blood thinner
- any anti-inflammatory

What can I take? Tylenol

- Nuprin
- Motrin
- Iron or vitamins with iron

What food or drinks are not allowed?

- Any solid food
- Dairy products
- Any clear liquids that have a red dye
- Alcoholic beverages (beer)

- Red or purple popsicles or Jell-O
- Milk
- Orange juice
- Canned beef for chicken broth

What are clear liquids?

- Water
- Clear juices without pulp
- Gatorade, Vitamin water
- All soft drinks (Coke, Pepsi, 7-up, Sprite, Ginger Ale)
- Coffee without cream or Tea without lemon
- Jell-O, but cannot be red or purple
- Kool-Aid type Popsicles, but they cannot be red.
- Clear beef or chicken bouillon cube

NO CLEAR LIQUIDS AFTER MIDNIGHT. Otherwise you will have to wait two hours to prevent aspiration.

NO RIDE - NO PROCEDURE If you do not have a ride home, we will cancel the procedure even if you have taken the prep. The physician will not sedate you because the patient is not allowed to drive after the procedure. The physician will not do the procedure without sedating you.

DRIVER CANNOT LEAVE THE CENTER If driver leaves, procedure will be delayed until driver returns to building.